



# Erasmus



## What is bullying? - two definitions

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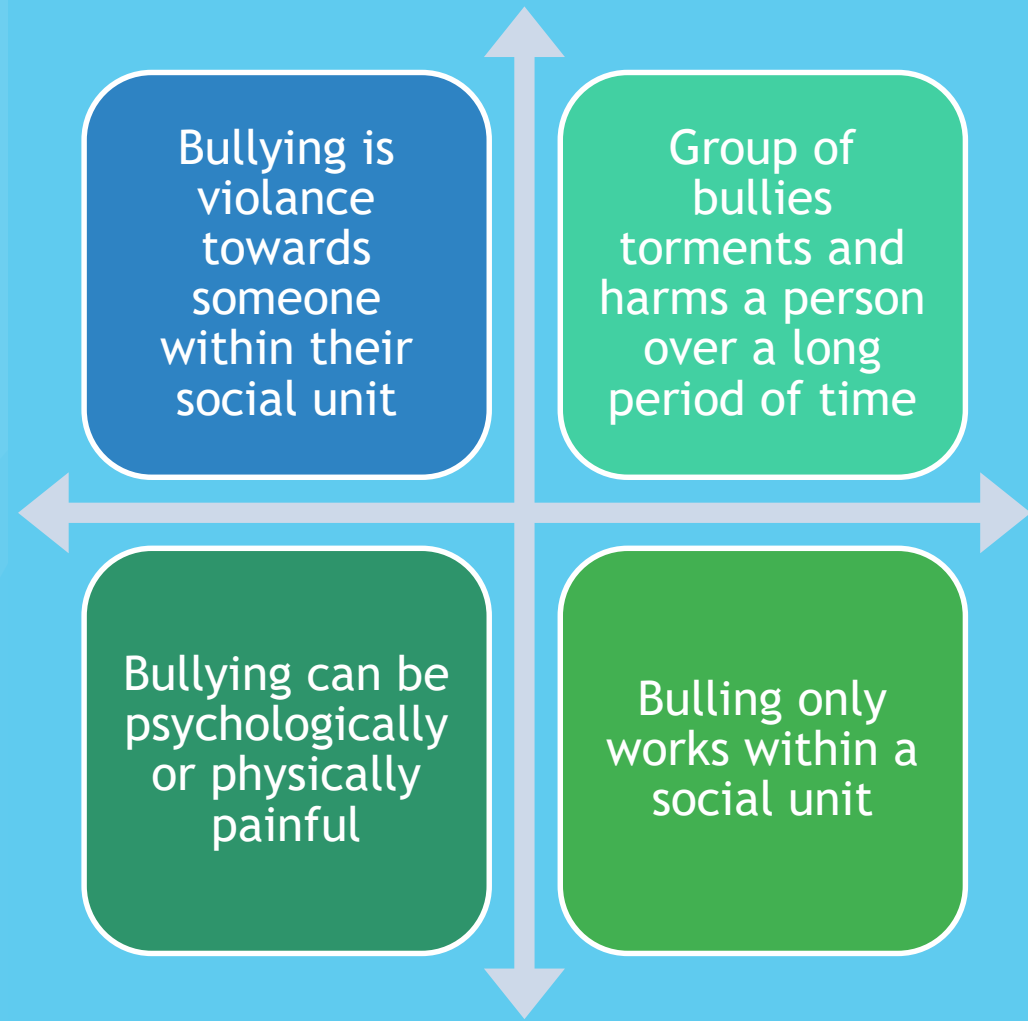
# Definition 1

Bullying is when someone intentionally causes someone pain, injury or inconvenience

Is based on an imbalance of power

It is Bullying when it occurs repeatedly

# Definition 2



# Constellation of bullying

- ▶ If Bullying occurs in school, the whole class takes part in it



"aggressive group" 1/3 ( offender + assistants)

"defenders" 1/3 ( help the victim)

" bystander" 1/3 ( don't do anything, just watching)

- ▶ Bullying often occurs because of an imbalance of power ( strength+ power)
- ▶ Anyone can become a victim without any fault on their part

# Forms of bullying

Physical bullying:

Hitting, kicking, boxing, biting, etc.

Attacks on property (stealing, breaking)

Actions with physiological aspects (chase, tie the victim)

Verbal bullying:

Direkt; laugh at victim, tease, tyrannize, blackmail

Indirekt; exclude, spreading rumours

= Cyber-bullying

# Reasons for bullying

1

Offenders usually lack empathy

2

Children and teenagers do less outside school in their free time and therefore lack common values and educational patterns

# What is so special about cybermobbing?

