

# Bulgaria – history and culture



# Geography

- Location – southeastern Europe
- Borders – Greece, Romania, Serbia, Turkey, Macedonia



- Capital - Sofia

# History

- ❖ First Bulgarian Empire – 681 – 1018
- Bulgarian monarchs –  
khan Asparukh, khan  
Krum, prince (tsar)  
Simeon I



- ❖ Second Bulgarian Empire – 1185 – 1422
- Bulgarian monarchs –  
emperor Ivan Asen II,  
emperor Ivan Shishman

## ❖ Third Bulgarian state – 1878

- Bulgarian monarchs – prince Boris III, tsar Simeon II



# Sights and Landmarks



The Madara Rider



Old city of Nessebar



Rila Monastery

# Cultural traditions and events

- Nestinarstvo – a fire ritual



- Martenitsi are worn from Baba Marta Day (March 1) until the wearer first sees a stork or blossoming tree.



# Natural wonders



- Belogradchik Rocks



- Seven Rila Lakes



- Krushuna Waterfalls

# Interesting facts

- Bulgaria is the only country in Europe that hasn't changed its name since it was first established.
- The oldest gold treasure in the world was found in Bulgaria.
  - The roses grown in Bulgaria's "Rose Valley" produce most (70-85%) of the world's rose oil.







- In 1976 UNESCO declared the ancient Bulgarian calendar as the most accurate in the world.

- *Lactobacillus Bulgaricus*, the bacterium that is responsible for giving Bulgarian yoghurt its unique flavour can be found only in Bulgarian air.



Thank You!